

TORNEO PREPARATORIO PARA JUEGOS C.A. 2013 - 09/02/2013 to 10/02/2013**Estadio Cementos Progreso - GUA****Results****Women 100 Meter Dash**

Name	Year Team	Finals	H#	Points
Finals				
1 Natalia, Games Prado	97 Club "halcones"	13.2h	2	
2 Lottie, Santos	78 Univ. San Carlos	13.3h	2	
3 Noelia Rosalba, Ramírez	94 Izabal	13.5h	2	
4 Jessica Abigail, Quin Ar	93 Cementos Progreso	13.6h	2	

Women 200 Meter Dash

Name	Year Team	Finals	H#	Points
1 Andrea Gabriela, Lemus L	97 Liceo Javier	27.5h	3	
2 Natalia, Games Prado	97 Club "halcones"	27.5h	3	
3 Lottie, Santos	78 Univ. San Carlos	28.0h	3	
4 Noelia Rosalba, Ramírez	94 Izabal	28.0h	3	
5 Eloisa Paulina, Chaj Bat	Totonicapán	28.9h	3	
6 Gabriela, Matus B.	88 Univ. San Carlos	29.3h	3	
7 María Susana, Lemus Cham	97 Club "halcones"	29.6h	3	
-- Deirdré Joanne, Wright V	95 Club "halcones"	DNF	3	

Women 400 Meter Dash

Name	Year Team	Finals	H#	Points
1 Séfora Victoria, Ramírez	95 Alta Verapaz	1:03.3h	2	
2 Cora María, Gutiérrez He	95 Club "halcones"	1:04.6h	2	
3 Consuelo Alejandra, Acaj	92 Triunfo AG	1:05.0h	2	
4 Anyi Arelis, Arreaga Láz	97 Atlético Ruano	1:06.4h	2	
5 Rocío, Román Letona	94 Cementos Progreso	1:08.4h	2	
6 Gabriela, Matus B.	88 Univ. San Carlos	1:09.2h	2	
7 Cristina María, Gutiérrez	97 Triunfo AG	1:09.5h	2	

Women 800 Meter Run

Name	Year Team	Finals	Points
1 Séfora Victoria, Ramírez	95 Alta Verapaz	2:25.5h	
2 Cora María, Gutiérrez He	95 Club "halcones"	2:28.1h	
3 Jackeline Noemí, Mejía M	94 Cementos Progreso	2:28.8h	
4 María Floridalma, Bac Ba	97 Alta Verapaz	2:32.3h	
5 Jessica Paola, Gaitán Ja	99 Triunfo AG	2:34.0h	
6 Kenia, González	90 Adesac	2:35.9h	
7 Mishely Charo, González	93 Adesac	2:37.1h	
8 Cristina María, Gutiérrez	97 Triunfo AG	2:41.3h	

Women 1500 Meter Run

Name	Year Team	Finals	Points
1 María Floridalma, Bac Ba	97 Alta Verapaz	4:59.6h	
2 Séfora Victoria, Ramírez	95 Alta Verapaz	5:04.9h	
3 Mishely Charo, González	93 Adesac	5:04.9h	
4 Jackeline Noemí, Mejía M	94 Cementos Progreso	5:12.7h	
5 Kenia, González	90 Adesac	5:17.8h	

TORNEO PREPARATORIO PARA JUEGOS C.A. 2013 - 09/02/2013 to 10/02/2013**Estadio Cementos Progreso - GUA****Results****Women 5000 Meter Run**

Name	Year	Team	Finals	Points
1 Elida, Hernández De Xuyá	80	Bam-Guatemala	17:48.1h	
2 Mariela, Pérez	75	Quetzaltenango	18:07.5h	
3 María Floridalma, Bac Ba	97	Alta Verapaz	19:10.3h	
4 Elsa, Ruíz	73	Adesac	19:30.5h	
5 Ramona Isabel, Matul A.		Totonicapán	19:37.2h	
6 Mishely Charo, González	93	Adesac	19:42.6h	
7 Kenia, González	90	Adesac	19:50.3h	
8 María, López	75	Club "la Maquinita"	20:57.4h	

Women 10000 Meter Run

Name	Year	Team	Finals	Points
1 Elsa, Ruíz	73	Adesac	40:35.5h	
2 Ramona Isabel, Matul A.		Totonicapán	41:53.8h	
3 María, López	75	Club "la Maquinita"	42:29.4h	
4 Catalina Isabel, Cotí Sa	90	Quetzaltenango	43:04.76	

Women 100 Meter Hurdles (0.840)

Name	Year	Team	Finals	Points
1 María Susana, Lemus Cham	97	Club "halcones"	17.5h	
2 Andrea María, Reyes Lópe	94	Club "halcones"	19.6h	
3 Yessenia Maribel, Menénd	97	Petén	20.8h	

Women 400 Meter Hurdles (0.762)

Name	Year	Team	Finals	Points
1 Consuelo Alejandra, Acaj	92	Triunfo AG	1:17.2h	

Women 3000 Meter Steeplechase (0.762)

Name	Year	Team	Finals	Points
1 Evonne Haydeé, Marroquín	81	Cementos Progreso	11:56.1h	
2 Ramona Isabel, Matul A.		Totonicapán	12:41.1h	
3 Catalina Isabel, Cotí Sa	90	Quetzaltenango	13:14.4h	
4 Adela Luisa, Tzunún Tzun		Totonicapán	14:37.9h	

Women 4x100 Meter Relay

Team	Finals	Points
1 Club "halcones" 'A'	57.0h	
1) Deirdré Joanne, Wright Valle 95		
2) María Susana, Lemus Chamalé 97		
3) Andrea María, Reyes López 94		
4) Natalia, Games Prado 97		

TORNEO PREPARATORIO PARA JUEGOS C.A. 2013 - 09/02/2013 to 10/02/2013**Estadio Cementos Progreso - GUA****Results****Women 4x400 Meter Relay**

Team	Finals	Points
1 Club "halcones" 'A'	4:53.4h	
1) Andrea María, Reyes López 94		2) Natalia, Games Prado 97
3) Deirdré Joanne, Wright Valle 95		4) María Susana, Lemus Chamalé 97

Women High Jump

Name	Year Team	Finals	Points
1 Ana Sofía, Aguilar Ramír	96 Individual	1.55m	
1.35 1.40 1.45 1.50 1.55 1.58			
O O O O O XXX			
2 Stephanie Sofía, Silva P	96 Individual	1.45m	
1.35 1.40 1.45 1.50			
O O XO XXX			

Women Pole Vault

Name	Year Team	Finals	Points
1 María José, Rodas R.	87 Unvi. RafaelLan	2.70m	
2.70 2.80			
XXO XP			

Women Long Jump

Name	Year Team	Finals	Points
1 Thelma Noemí, Fuentes Ca	92 Univ. San Carlos	4.99m	
4.64m FOUL FOUL 4.99m FOUL FOUL			
2 Yessenia Maribel, Menénd	97 Petén	4.59m	
FOUL 4.47m 4.45m 4.58m FOUL 4.59m			
3 Natalia, Games Prado	97 Club "halcones"	4.33m	
4.26m 4.33m 3.97m 3.87m 4.19m FOUL			
4 Stephanie Sofía, Silva P	96 Individual	4.27m	
FOUL 4.27m FOUL FOUL FOUL FOUL			
5 Andrea María, Reyes Lópe	94 Club "halcones"	3.92m	
3.59m 3.92m 3.27m 3.79m 3.65m 3.74m			

Women Triple Jump

Name	Year Team	Finals	Points
1 Thelma Noemí, Fuentes Ca	92 Univ. San Carlos	11.52m	
FOUL FOUL 11.52m 11.11m 11.24m FOUL			
2 Deirdré Joanne, Wright V	95 Club "halcones"	9.83m	
FOUL 9.32m FOUL 9.60m FOUL 9.83m			

Women Shot Put (4kg)

Name	Year Team	Finals	Points
1 Emma Paulina, Castillo M	93 Univ. San Carlos	10.34m	
9.74m 10.19m 10.34m 9.09m 9.46m 9.97m			

TORNEO PREPARATORIO PARA JUEGOS C.A. 2013 - 09/02/2013 to 10/02/2013**Estadio Cementos Progreso - GUA****Results****....Women Shot Put (4kg)**

2	Kimberly, Baltazar Blanc	88	Izabal	8.84m
	7.74m 8.23m 8.84m 8.42m	PASS	PASS	
3	Jackeline, Castillo	80	Univ. San Carlos	7.97m
	7.89m 7.91m 7.97m 7.93m 7.94m 7.82m			
4	Estefany, Sánchez		Jutiapa	6.80m
	FOUL 6.80m 6.79m 6.51m 4.72m 6.28m			
5	Andrea María, Reyes López	94	Club "halcones"	6.75m
	6.75m FOUL 5.88m 5.70m FOUL 5.86m			
6	Wendy, Char	80	Cementos Progreso	5.30m
	FOUL 5.10m 5.11m 4.84m 5.30m FOUL			

Women Discus Throw (1kg)

Name	Year	Team	Finals	Points
1 Jennifer Yamibel, Palma	80	Honduras	36.73m	
	34.71m 34.79m	FOUL 36.73m 35.75m	FOUL	
2 Emma Paulina, Castillo M	93	Univ. San Carlos	32.09m	
	30.86m 31.01m 31.37m 32.09m 30.96m 30.11m			
3 Herlinda Elizabeth, Port	94	Izabal	28.17m	
	28.17m 27.05m	FOUL 27.35m	FOUL FOUL	
4 Jackeline, Castillo	80	Univ. San Carlos	23.77m	
	23.06m 22.14m 23.77m 23.15m 22.82m 22.76m			
5 Estefany, Sánchez		Jutiapa	20.52m	
	20.52m 20.07m 20.22m 17.63m	FOUL 17.53m		

Women Hammer Throw (4kg)

Name	Year	Team	Finals	Points
1 Erin, Wibbels	80	Unvi. RafaelLan	47.53m	
	FOUL FOUL FOUL 47.47m 47.53m	FOUL		
2 Estefany, Sánchez		Jutiapa	24.47m	
	24.47m FOUL 20.51m 19.95m 22.73m 21.57m			
-- Herlinda Elizabeth, Port	94	Izabal	FOUL	
	FOUL FOUL FOUL FOUL FOUL FOUL			

Women Javelin Throw (600g)

Name	Year	Team	Finals	Points
1 Sofia Isabel, Alonso Alb	92	Unvi. RafaelLan	40.40m	
	33.20m 34.04m 37.40m 35.10m 38.22m 40.40m			
2 Kimberly, Baltazar Blanc	88	Izabal	39.50m	
	36.62m 36.10m 35.95m 39.50m 37.62m 38.13m			
3 Lidia Natalia, Lemus Cha	96	Club "halcones"	20.10m	
	20.10m 18.96m 19.30m 17.40m 19.30m 19.10m			

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year	Team	Finals	Points
1 Ruth Amalia Eugenia, Mor	92	Univ. San Carlos	27.8h	652

TORNEO PREPARATORIO PARA JUEGOS C.A. 2013 - 09/02/2013 to 10/02/2013**Estadio Cementos Progreso - GUA****Results****Heptathlon: #1 Women 100 Meter Hurdles (0.840) Heptathlon**

Name	Year Team	Finals	Points
1 Ruth Amalia Eugenia, Mor	92 Univ. San Carlos	16.7h	635

Heptathlon: #2 Women High Jump Heptathlon

Name	Year Team	Finals	Points
1 Ruth Amalia Eugenia, Mor	92 Univ. San Carlos	1.50m	621
		1.40 1.45 1.50 1.55	
		O O O XXX	

Heptathlon: #5 Women Long Jump Heptathlon

Name	Year Team	Finals	Points
1 Ruth Amalia Eugenia, Mor	92 Univ. San Carlos	4.52m	433
		4.47m FOUL 4.52m	

Heptathlon: #3 Women Shot Put (4kg) Heptathlon

Name	Year Team	Finals	Points
1 Ruth Amalia Eugenia, Mor	92 Univ. San Carlos	8.63m	440
		8.24m 8.63m FOUL	

Heptathlon: #6 Women Javelin Throw (600g) Heptathlon

Name	Year Team	Finals	Points
1 Ruth Amalia Eugenia, Mor	92 Univ. San Carlos	28.44m	447
		28.44m 27.72m 27.95m	

Men 100 Meter Dash

Name	Year Team	Prelims	H#
Preliminaries			
1 Enio Daniel, Cabrera Saz	90 Cementos Progreso	10.4hQ	3
2 Jorge Luis, Solórzano Ar	84 Individual	10.4hQ	4
3 Byron, Ramírez	90 Triunfo AG	10.9hQ	2
4 Douglas Ricardo, Orellan	96 Univ. San Carlos	J10.9hQ	2
5 Diego Alejandro, Prado S	94 Univ. San Carlos	11.3hQ	1
6 Jairo Gonzalo, Guerra Zú	93 Izabal	10.9hq	3
7 Alejandro, Hurtado	80 Triunfo AG	11.0hq	4
8 José, Menéndez	95 Jutiapa	J11.0hq	4
9 Luis, Morazán	97 Jutiapa	J11.0h	2
10 Rony Nathael, Cardona Es	96 Triunfo AG	11.1h	4
11 Eudes, Díaz Martínez	98 Esc. Sprint-MEX	11.3h	1
12 Carlos Roberto, Andrade	93 Univ. San Carlos	11.5h	3
13 Jaime A., López	90 Escuela de Atlet	11.8h	3
14 Lisandro, Cifuentes	89 Alta Verapaz	11.9h	2
15 Osmundo, Guerra	94 Adesac	12.0h	2
16 Brandon, Jiménez	94 Escuela de Atlet	12.1h	3
17 Edgar, Ruíz	95 Escuela de Atlet	12.1h	1

TORNEO PREPARATORIO PARA JUEGOS C.A. 2013 - 09/02/2013 to 10/02/2013**Estadio Cementos Progreso - GUA****Results****...Men 100 Meter Dash**

18	Victor Estuardo, Valle M	96	Cementos Progreso	12.1h	1
19	Wenfril, Reyes	95	Cementos Progreso	12.1h	2
20	Sergio Daniel, Cruz Varg	96	Club "halcones"	12.4h	3
21	Cristhian, Tejada	94	Quetzaltenango	12.9h	3

Men 100 Meter Dash

Name	Year	Team	Finals	Points
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Finals

1	Jorge Luis, Solórzano Ar	84	Individual	10.3h
2	Douglas Ricardo, Orellan	96	Univ. San Carlos	10.4h
3	Diego Alejandro, Prado S	94	Univ. San Carlos	10.9h
4	Jairo Gonzalo, Guerra Zú	93	Izabal	11.7h
5	Byron, Ramírez	90	Triunfo AG	11.7h
6	Enio Daniel, Cabrera Saz	90	Cementos Progreso	11.8h
7	José, Menéndez	95	Jutiapa	11.8h
8	Alejandro, Hurtado	80	Triunfo AG	11.9h

Men 200 Meter Dash

Name	Year	Team	Prelims	H#
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Preliminaries

1	Helson, Pitillo	80	Honduras	22.5hQ	4
2	Diego Alejandro, Prado S	94	Univ. San Carlos	22.8hQ	2
3	Kessel, Campbell	80	Honduras	22.8hQ	5
4	Douglas Ricardo, Orellan	96	Univ. San Carlos	22.9hQ	1
5	Byron, Ramírez	90	Triunfo AG	23.1hQ	3
6	Jairo Gonzalo, Guerra Zú	93	Izabal	22.5hq	4
7	Eudes, Díaz Martínez	98	Esc. Sprint-MEX	22.9hq	1
8	Luis, Morazán	97	Jutiapa	23.4hq	3
9	José, Menéndez	95	Jutiapa	23.5h	5
10	Alejandro, Hurtado	80	Triunfo AG	23.5h	5
11	Enio Daniel, Cabrera Saz	90	Cementos Progreso	23.9h	1
12	Cristian, Poz Rojas	93	Quetzaltenango	24.2h	3
13	José Pablo, Lau Archila	97	Cementos Progreso	24.2h	1
14	Luis Andrés, Solórzano M	97	Club "halcones"	24.4h	2
15	Cristian Miguel, Barrien	95	Liceo Javier	24.6h	4
16	Michel, Estrada	93	Escuela de Atlet	24.8h	3
17	Lisandro, Cifuentes	89	Alta Verapaz	25.0h	2
18	Diego José, Lavarreda Es	96	Liceo Javier	25.1h	2
19	Max, Véliz	96	Escuela de Atlet	25.1h	5
20	Edgar, Ruíz	95	Escuela de Atlet	25.2h	4
21	Cristhian, Tejada	94	Quetzaltenango	25.9h	1
22	José, Urbina	80	Univ. San Carlos	27.7h	2
23	Victor Estuardo, Valle M	96	Cementos Progreso	28.1h	4

Men 200 Meter Dash

Name	Year	Team	Finals	Points
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Finals

1	Jairo Gonzalo, Guerra Zú	93	Izabal	22.5h
2	Byron, Ramírez	90	Triunfo AG	22.6h

TORNEO PREPARATORIO PARA JUEGOS C.A. 2013 - 09/02/2013 to 10/02/2013**Estadio Cementos Progreso - GUA****Results****...Men 200 Meter Dash**

3 Eudes, Díaz Martínez	98 Esc. Sprint-MEX	23.3h
4 Luis, Morazán	97 Jutiapa	24.8h

Men 400 Meter Dash

Name	Year Team	Finals	H#	Points
1 Ernesto Eduardo, Mendiza	88 Individual	50.3h	5	
2 Jaizhinno, Labriel	97 Unvi. RafaelLan	51.0h	5	
3 Debris, Henry Lizama	90 Izabal	52.3h	5	
4 Carlos Alberto, Paz Ordó	95 Liceo Javier	52.4h	2	
5 Danilo, Hernández	87 Adesac	54.4h	2	
6 José Javier, Ayala López	94 Club "halcones"	54.4h	4	
7 Carlos Efraín, Hermosill	95 Liceo Javier	54.5h	4	
8 Michel, Estrada	93 Escuela de Atlet	54.5h	2	
9 Rony Nathael, Cardona Es	96 Triunfo AG	54.5h	4	
10 Wilhelm Christopher, Picó	97 Unvi. RafaelLan	54.6h	4	
11 Cristian, Poz Rojas	93 Quetzaltenango	55.1h	5	
12 Lisandro, Cifuentes	89 Alta Verapaz	55.5h	1	
13 Joel, Quintanilla	80 Univ. San Carlos	56.4h	3	
14 Max, Véliz	96 Escuela de Atlet	57.0h	3	
15 Brandon, Jiménez	94 Escuela de Atlet	57.3h	3	
16 Rodrigo Alejandro, Garni	97 Club "halcones"	57.3h	3	
17 Antonio, Castañeda	80 Quetzaltenango	57.5h	3	
18 Hugo, Pichillá	93 Adesac	57.8h	2	
19 Josué Geovanny, Pérez Co	94 Adesac	58.7h	4	
20 Oscar, Díaz	80 Cementos Progreso	1:00.2h	2	
21 José, Menéndez	95 Jutiapa	1:02.0h	3	
22 Pablo, Díaz	96 Club "halcones"	1:02.6h	1	
23 Keneth, Rodríguez	96 Jutiapa	1:05.2h	3	
24 César, Meléndez	89 Club "halcones"	1:08.5h	2	

Men 800 Meter Run

Name	Year Team	Finals	H#	Points
1 Jenner Manrique, Pelicó	85 Ejército deGuat	1:53.5h	2	
2 Francisco Antonio, Caste	91 Cementos Progreso	1:57.7h	2	
3 Fernando, Ramírez	84 Univ. San Carlos	1:58.9h	2	
4 Walter, Cervantes	80 Triunfo AG	2:04.6h	2	
5 Carlo Albert, González M	95 Adesac	2:05.2h	2	
6 Javier, León	80 Unvi. RafaelLan	2:06.2h	2	
7 Gerson Iván, Cruz Cho	93 Adesac	2:06.4h	2	
8 Emmanuel, Zuriel Anduaga	98 Esc. Sprint-MEX	2:07.4h	1	
9 Giovanni A., Anduaga Ale	80 Esc. Sprint-MEX	2:08.5h	1	
10 Pedro Danilo, Yac Morale	94 Quetzaltenango	2:09.2h	2	
11 Hugo, Valiente	93 Escuela de Atlet	2:10.6h	2	
12 Elmer, Vásquez	89 Quetzaltenango	2:12.6h	2	
13 Félix, Sánchez	91 Ostuncalco	2:13.2h	1	
14 Amilcar, López	80 Quetzaltenango	2:14.1h	2	
15 Joel, Quintanilla	80 Univ. San Carlos	2:14.2h	1	
16 Humberto Miguel, Cervant	90 Triunfo AG	2:14.6h	1	
17 David, Toro	96 Club "la Maquinita"	2:16.4h	1	
18 Antonio, Castañeda	80 Quetzaltenango	2:16.9h	1	
19 Byron, Gaitán Jayes	98 Triunfo AG	2:17.3h	1	

TORNEO PREPARATORIO PARA JUEGOS C.A. 2013 - 09/02/2013 to 10/02/2013**Estadio Cementos Progreso - GUA****Results****...Men 800 Meter Run**

20 Pascual Eduardo, Lorenzo	96 Club "la Maquinita"	2:17.7h	1
21 Byron, Cabrera	93 Ostuncalco	2:21.0h	1
22 Daniel A, Morales P	90 Escuela de Atlet	2:21.3h	2
23 Cristóbal, Aleja Sacalxo	94 Quetzaltenango	2:27.3h	1
24 César, Meléndez	89 Club "halcones"	2:41.2h	1

Men 1500 Meter Run

Name	Year Team	Finals	H#	Points
1 Edward, Smith	80 Quetzaltenango	4:02.1h	1	
2 Jenner Manrique, Pelicó	85 Ejército deGuat	4:07.72	2	
3 Juan Darío, Icó Sagüí	91 Alta Verapaz	4:14.3h	2	
4 Hugo Rolando, Coy Y.	90 Alta Verapaz	4:22.9h	1	
5 Carlo Albert, González M	95 Adesac	4:23.4h	2	
6 Pedro Victor, López	93 Quetzaltenango	4:26.3h	1	
7 Félix, Sánchez	91 Ostuncalco	4:34.1h	2	
8 Pedro Danilo, Yac Morale	94 Quetzaltenango	4:36.3h	2	
9 David, Toro	96 Club "la Maquinita"	4:37.6h	1	
10 Byron, Cabrera	93 Ostuncalco	4:38.3h	1	
11 Amilcar, López	80 Quetzaltenango	4:38.5h	2	
12 Nery, Parada	86 Club "la Maquinita"	4:41.4h	1	
13 Erick Rocaél, De León Gu	80 Univ. San Carlos	4:43.9h	2	
14 Hugo, Valiente	93 Escuela de Atlet	4:44.6h	1	
15 Josué Alexander, Pierri	94 Club "halcones"	4:47.7h	1	
16 Dennis, Sánchez	80 Cementos Progreso	4:54.5h	1	
17 Javier, Gómez	95 Escuela de Atlet	4:55.0h	1	
18 Cristóbal, Aleja Sacalxo	94 Quetzaltenango	4:57.3h	1	
19 Daniel A, Morales P	90 Escuela de Atlet	5:02.1h	2	
20 Pascual Eduardo, Lorenzo	96 Club "la Maquinita"	5:08.9h	1	

Men 5000 Meter Run

Name	Year Team	Finals	H#	Points
1 Alfredo, Arévalo Reyes	76 Caña Real	15:04.3h	2	
2 Elvin Crisi, Cu Cacao	91 Alta Verapaz	15:24.92	2	
3 Walter Domingo, Yac Colo	94 Quetzaltenango	15:36.3h	2	
4 Edwin Haroldo, Pirir Sub	94 Univ. San Carlos	16:02.6h	2	
5 Marcial, Yani Ajín	83 Sacatepéquez	16:13.01	2	
6 Hugo Rolando, Coy Y.	90 Alta Verapaz	16:14.15	2	
7 Elmer Daniel, Tartón	92 Club "la Maquinita"	16:36.7h	1	
8 Juan Alfredo, Saquiquel	93 Escuela de Atlet	17:00.8h	1	
9 Edgar, Cortez R.	91 Ostuncalco	17:03.7h	1	
10 Félix, Sánchez	91 Ostuncalco	17:26.9h	1	
11 Carlos René, Macz	86 Alta Verapaz	17:29.7h	2	
12 Fredy, Chajón	94 Club "la Maquinita"	17:36.6h	1	
13 Carlos, Díaz	94 Univ. San Carlos	17:40.2h	1	
14 Miguel, Agular V.	84 Ostuncalco	18:11.54	1	
15 Bryan, Sosa	95 Triunfo AG	18:55.0h	1	
16 José María, Caal	86 Alta Verapaz	19:22.8h	2	
17 Gary, Barahona	80 Unvi. RafaelLan	19:41.8h	1	
18 Denis, Arizandieta	80 Univ. San Carlos	19:54.1h	1	
19 César Arturo, López Náje	80 Escuela de Atlet	20:32.9h	2	
20 José, Ramos	92 Escuela de Atlet	21:02.4h	1	

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21 Kevin, Maldonado	97 Triunfo AG	22:34.3h	1
-- Jeremías, Saloj Ajcivina	88 Bam-Guatemala	DNF	2

Men 10000 Meter Run

Name	Year Team	Finals	Points
1 Manuel, González	Bam-Guatemala	30:46.1h	
2 José Carlos, Raxón Pirir	82 Bam-Guatemala	30:47.5h	
3 Alfredo, Arévalo Reyes	76 Caña Real	30:48.6h	
4 Marvin Joel, Pasa Rosale	84 Club "la Maquinita"	31:22.4h	
5 José Alfredo, Raxón Piri	91 Bam-Guatemala	32:02.2h	
6 Santos, Pirir Curup	75 Caña Real	32:07.1h	
7 Estuardo Gudiel, Palacio	89 Adesac	32:21.2h	
8 Walter Domingo, Yac Colo	94 Quetzaltenango	32:37.4h	
9 Bayron Wilfredo, Yax Alo	86 Quetzaltenango	33:24.0h	
10 Hugo Rolando, Coy Y.	90 Alta Verapaz	34:10.1h	
11 Luis Domingo, Mendoza Vá	90 Club "la Maquinita"	34:46.9h	
12 Edgar, Cortez R.	91 Ostuncalco	34:58.4h	
13 Carlos René, Macz	86 Alta Verapaz	35:13.0h	
14 Manuel, García	94 Club "la Maquinita"	36:03.1h	
15 José María, Caal	86 Alta Verapaz	36:49.3h	
16 Edwin, Toc	80 Quetzaltenango	38:25.4h	

Men 110 Meter Hurdles (1.067)

Name	Year Team	Finals	Points
1 Luis Carlos, Bonilla Flo	86 Izabal	14.7h	
2 Miguel Antonio, Gómez Fl	93 Izabal	16.2h	
3 Byron Alejandro, Rodrigo	93 Triunfo AG	17.4h	

Men 400 Meter Hurdles (0.914)

Name	Year Team	Finals	Points
1 Gerber Patricio, Blanco	93 Izabal	52.8h	
2 Miguel Antonio, Gómez Fl	93 Izabal	1:00.7h	
3 Byron Alejandro, Rodrigo	93 Triunfo AG	1:05.8h	
4 Keneth, Rodríguez	96 Jutiapa	1:14.1h	

Men 3000 Meter Steeplechase (0.914)

Name	Year Team	Finals	Points
1 Miguel Angel, Chan Moral	87 Quetzaltenango	9:37.2h	
2 Michael Ottoniel, Mucia	90 Caña Real	9:43.2h	
3 Elvin Crisi, Cu Cacao	91 Alta Verapaz	10:11.7h	
4 Nestor Antonio, Mijangos	94 Univ. San Carlos	10:24.5h	
5 Pedro Victor, López	93 Quetzaltenango	10:55.4h	
6 Freddy Orlando, Ruano Co	93 Atlético Ruano	11:08.2h	
7 Josué Alexander, Pierri	94 Club "halcones"	12:09.6h	

TORNEO PREPARATORIO PARA JUEGOS C.A. 2013 - 09/02/2013 to 10/02/2013**Estadio Cementos Progreso - GUA****Results****Men 4x100 Meter Relay**

Team	Finals	Points
1 Izabal 'A'	43.4h	
1) Seylik Emeterio, Gamboa Castill	2) Jairo Gonzalo, Guerra Zúñiga	93
3) Gerber Patricio, Blanco Mena	93	4) Luis Carlos, Bonilla Flores
86		
2 Triunfo AG 'A'	46.2h	
1) Byron Alejandro, Rodríguez Rodr	2) Humberto Miguel, Cervantes	90
3) Alejandro, Hurtado	80	4) Byron, Ramírez
90		
3 Club "halcones" 'A'	46.7h	
1) José Javier, Ayala López	94	2) Sergio Daniel, Cruz Vargas
3) Luis Andrés, Solórzano Monroy	9	4) Kevin André, Colococho España
96		96
4 Escuela de Atletismo 'A'	47.6h	
1) Edgar, Ruíz	95	2) Michel, Estrada
3) Hugo, Valiente	93	4)
5 Quetzaltenango 'A'	49.0h	
1) Pedro Danilo, Yac Morales	94	2) Elmer, Vásquez
3) Antonio, Castañeda	80	4) Cristian, Poz Rojas
93		93
-- Univ. San Carlos de Guatemala 'A'	DQ	
1) Nils Johan, Pira Morales	93	2) Diego Alejandro, Prado Sevillan
3) Carlos Roberto, Andrade Sagone	4) Douglas Ricardo, Orellana	96

Men 4x400 Meter Relay

Team	Finals	Points
1 Izabal 'A'	3:30.2h	
1) Debris, Henry Lizama	90	2) Luis Carlos, Bonilla Flores
3) Jairo Gonzalo, Guerra Zúñiga	93	4) Gerber Patricio, Blanco Mena
93		93
2 Univ. Rafael Landivar 'A'	3:35.5h	
1) Clearance, Flowers	80	2) Wilhelm Cristopher, Picón Heing
3) Javier, León	80	4) Jaizhinno, Labriel
97		
3 Triunfo AG 'A'	3:41.8h	
1) Alejandro, Hurtado	80	2) Walter, Cervantes
3) Humberto Miguel, Cervantes	90	4) Byron Alejandro, Rodríguez Rodr
96		
4 Escuela de Atletismo 'A'	3:45.5h	
1) Brandon, Jiménez	94	2) Michel, Estrada
3) Max, Véliz	96	4) Hugo, Valiente
		93

Men High Jump

Name	Year	Team	Finals	Points							
1 Ronald Edyberto, Ramírez	95	Izabal	1.94m								
1.60	1.65	1.70	1.73	1.76	1.79	1.82	1.85	1.88	1.91	1.94	1.97
P	P	O	P	P	P	O	O	P	O	O	XXX
2 Allan Dominique, Najarro	96	Cementos Progreso	1.82m								
1.60	1.65	1.70	1.73	1.76	1.79	1.82	1.85				
O	O	O	O	O	O	XO	XXX				

Men Pole Vault

Name	Year	Team	Finals	Points
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TORNEO PREPARATORIO PARA JUEGOS C.A. 2013 - 09/02/2013 to 10/02/2013**Estadio Cementos Progreso - GUA****Results****....Men Pole Vault**

1	Oscar O., Calderón B.	92	Izabal	3.50m
	2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60			
	O P O P P O XO O XXX			
2	Esvin Josué, Sánchez Sar	95	Cementos Progreso	3.40m
	2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50			
	P O O O XO XO O XXX			
--	Carlos Roberto, Andrade	93	Univ. San Carlos	NH
	2.80			
	XXX			
--	Henry Omar, González Mor	80	Cementos Progreso	NH
	2.80			
	XXX			

Men Long Jump

Name	Year Team	Finals	Points
1 Seylik Emeterio, Gamboa	92 Izabal	6.65m	
	FOUL FOUL 6.65m 6.48m 6.26m 6.05m		
2 Ronald Edyberto, Ramírez	95 Izabal	6.55m	
	FOUL 5.90m 6.38m 6.55m FOUL 6.53m		
3 Allan Dominique, Najarro	96 Cementos Progreso	5.92m	
	FOUL 5.82m FOUL 5.92m 5.89m PASS		
4 Marcos Daniel, Aldana Sc	95 Cementos Progreso	5.63m	
	5.43m 5.44m FOUL 5.63m 5.54m FOUL		
5 José Pablo, Lau Archila	97 Cementos Progreso	5.56m	
	5.43m 5.56m FOUL FOUL FOUL FOUL		
6 Luis, Morazán	97 Jutiapa	5.55m	
	4.95m 5.28m 5.55m FOUL FOUL 5.20m		
-- Kevin André, Coloch Esp	96 Club "halcones"	FOUL	
	FOUL FOUL FOUL FOUL FOUL FOUL		

Men Triple Jump

Name	Year Team	Finals	Points
1 Jasson, Castro	80 Honduras	14.80m	
	14.78m FOUL 14.60m 14.43m 14.80m 14.69m		
2 Seylik Emeterio, Gamboa	92 Izabal	13.74m	
	13.74m FOUL 13.58m FOUL PASS PASS		
-- Marcos Daniel, Aldana Sc	95 Cementos Progreso	FOUL	
	FOUL FOUL FOUL FOUL FOUL FOUL		
-- Kevin André, Coloch Esp	96 Club "halcones"	FOUL	
	FOUL FOUL FOUL FOUL FOUL FOUL		

Men Shot Put (7.26kg)

Name	Year Team	Finals	Points
1 Luis Pedro, Folgar Batre	89 Cementos Progreso	15.47m	
	15.47m 14.90m FOUL FOUL 14.93m FOUL		
2 Miguel José, Estrada Sol	83 Univ. San Carlos	14.60m	
	14.57m 14.60m 14.56m 14.31m 14.39m 13.94m		
3 Henry Giovanni, Santos L	73 Univ. San Carlos	13.53m	
	13.17m 13.26m 13.25m 12.81m 13.03m 13.53m		

TORNEO PREPARATORIO PARA JUEGOS C.A. 2013 - 09/02/2013 to 10/02/2013**Estadio Cementos Progreso - GUA****Results****....Men Shot Put (7.26kg)**

4	Ever Orlando, Acajabón C	94	Cementos Progreso	12.59m
	12.42m 12.25m 12.44m 12.27m 12.59m 12.55m			

Men Discus Throw (2kg)

Name	Year	Team	Finals	Points
1	Ever Orlando, Acajabón C	94	Cementos Progreso	40.87m
	38.37m FOUL FOUL 37.47m 40.87m FOUL			
2	José Andrés, Alonso	80	Unvi. RafaelLan	36.86m
	34.78m 35.43m 36.57m 36.49m 34.97m 36.86m			

Men Hammer Throw (7.26kg)

Name	Year	Team	Finals	Points
1	Diego Alejandro, Berrios	84	Cementos Progreso	63.62m
	59.84m 62.51m 62.18m FOUL 63.62m 62.82m			
2	Edgar Rafael, Florián	80	Unvi. RafaelLan	56.72m
	FOUL FOUL 56.72m FOUL 54.68m 56.72m			
3	Jonathan Enrique, López	96	Liceo Javier	21.78m
	FOUL 20.01m 21.78m 20.75m 20.72m FOUL			

Men Javelin Throw (800g)

Name	Year	Team	Finals	Points
1	Luis Mario, Taracena	80	Unvi. RafaelLan	67.22m
	60.60m 67.22m 61.52m 63.70m 63.55m 61.22m			
2	Marcell, Prado	80	Unvi. RafaelLan	53.80m
	52.22m 50.77m FOUL 50.02m 53.13m 53.80m			

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year	Team	Finals	Points
1	Stiven Alejandro, Navarr	89	Cementos Progreso	11.6h 732
2	Querson Joaquín, García	90	Izabal	11.7h 723
3	Carlos Alberto, Caceros	93	Jutiapa	11.9h 671
4	Osby José, Gutiérrez Her	90	Jutiapa	12.1h 649

Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year	Team	Finals	Points
1	Stiven Alejandro, Navarr	89	Cementos Progreso	53.6h 656
2	Querson Joaquín, García	90	Izabal	56.0h 559
3	Carlos Alberto, Caceros	93	Jutiapa	58.6h 462
--	Osby José, Gutiérrez Her	90	Jutiapa	DNF

Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year	Team	Finals	Points
1	Carlos Alberto, Caceros	93	Jutiapa	4:59.4h 563

TORNEO PREPARATORIO PARA JUEGOS C.A. 2013 - 09/02/2013 to 10/02/2013**Estadio Cementos Progreso - GUA****Results****....Decathlon: #10 Men 1500 Meter Run Decathlon**

2 Stiven Alejandro, Navarr	89 Cementos Progreso	5:27.7h	411
3 Querson Joaquín, García	90 Izabal	5:41.6h	344

Decathlon: #6 Men 110 Meter Hurdles (1.067) Decathlon

Name	Year Team	Finals	Points
1 Querson Joaquín, García	90 Izabal	15.8h	755
2 Stiven Alejandro, Navarr	89 Cementos Progreso	16.0h	733
3 Carlos Alberto, Caceros	93 Jutiapa	21.0h	274

Decathlon: #4 Men High Jump Decathlon

Name	Year Team	Finals	Points
1 Querson Joaquín, García	90 Izabal	1.70m	544
	1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.70		
	P P P P O O XO XXO		
2 Stiven Alejandro, Navarr	89 Cementos Progreso	1.55m	426
	1.30 1.35 1.40 1.45 1.50 1.55 1.60		
	P O O O O O XXX		
-- Carlos Alberto, Caceros	93 Jutiapa	NH	
	1.30		
	XXX		

Decathlon: #8 Men Pole Vault Decathlon

Name	Year Team	Finals	Points
1 Stiven Alejandro, Navarr	89 Cementos Progreso	3.10m	381
	1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20		
	P P P P P P P P P P P O O P XXO O XXX		
2 Carlos Alberto, Caceros	93 Jutiapa	1.70m	86
	1.60 1.70 1.80		
	O O XXX		
-- Querson Joaquín, García	90 Izabal	NH	
	1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70		
	P P P P P P P P P P P XXX		

Decathlon: #2 Men Long Jump Decathlon

Name	Year Team	Finals	Points
1 Querson Joaquín, García	90 Izabal	6.11m	610
	6.08m 6.11m FOUL		
2 Stiven Alejandro, Navarr	89 Cementos Progreso	5.81m	546
	5.31m 5.81m 4.76m		
3 Osby José, Gutiérrez Her	90 Jutiapa	4.93m	369
	FOUL FOUL 4.93m		
4 Carlos Alberto, Caceros	93 Jutiapa	4.65m	317
	4.65m 4.33m 4.58m		

TORNEO PREPARATORIO PARA JUEGOS C.A. 2013 - 09/02/2013 to 10/02/2013**Estadio Cementos Progreso - GUA****Results****Decathlon: #3 Men Shot Put (7.26kg) Decathlon**

Name	Year Team	Finals	Points
1 Querson Joaquín, García 7.92m 8.64m 9.19m	90 Izabal	9.19m	437
2 Stiven Alejandro, Navarr 7.54m 7.77m 8.08m	89 Cementos Progreso	8.08m	371
3 Carlos Alberto, Caceros 7.07m 6.81m 7.51m	93 Jutiapa	7.51m	337

Decathlon: #7 Men Discus Throw (2kg) Decathlon

Name	Year Team	Finals	Points
1 Querson Joaquín, García 25.87m 23.24m 25.03m	90 Izabal	25.87m	384
2 Carlos Alberto, Caceros 20.08m 21.03m 19.50m	93 Jutiapa	21.03m	291
3 Stiven Alejandro, Navarr FOUL 18.08m 15.06m	89 Cementos Progreso	18.08m	236

Decathlon: #9 Men Javelin Throw (800g) Decathlon

Name	Year Team	Finals	Points
1 Querson Joaquín, García 36.95m FOUL 40.55m	90 Izabal	40.55m	450
2 Stiven Alejandro, Navarr 22.60m FOUL 21.60m	89 Cementos Progreso	22.60m	197
-- Carlos Alberto, Caceros FOUL FOUL FOUL	93 Jutiapa	FOUL	

Men Decathlon

Name	Year Team	Finals	Points
1 Querson Joaquín, García	90 Izabal	4806	10
2 Stiven Alejandro, Navarr	89 Cementos Progreso	4689	8
3 Carlos Alberto, Caceros	93 Jutiapa	3001	6